

COLOR REFERENCE

GREY	<ul style="list-style-type: none"> - Check in/out. - Free time. Feel free to rest, walk the property, mingle, color mandalas or draw.
GREEN	Meal times
PINK	<p>Extra workshop or private sessions. Some require advance sign ups. (Hosted by: Andrea Kukulka, Melanie Sprague, Jill McLoughlin, John Simonetta, Phyllis Simonetta, and Karen LaCamera) <i>You can use this timeframe for Free Time if you prefer.</i></p>
YELLOW	Signature Soul Vision Events

FRIDAY OCTOBER 27th

5:00 pm	<ul style="list-style-type: none"> - Check-in to rooms - Free time - Sign up for for extras - Meet and greet new family
6:00 pm	Dinner
7:00 pm	<p>Welcome and Group Council: Introductions and Intentions. TBD: Fire pit outside (weather pending, may do fireplace inside and move outdoors until Saturday night)</p>
9:30 pm	Free time

SATURDAY OCTOBER 28th

8:00 am	Breakfast
8:45 am	Mindful Outdoor Experience (<i>JOHN</i>)
10:00 am	Sound Bath (<i>JILL, MEL, ANDREA</i>)
11:00 am	Bio-Matt Relaxation Sessions (20 min each, Requires advanced sign up)
	Bio-Matt Energy Sessions (15 min each, Requires advanced sign up) (<i>JILL</i>)
	Akashic Records Readings (10 min each, Requires advanced sign up) (<i>KAREN</i>)
	Heal Through Dance (<i>PHYLLIS</i>)
	Timeline Merging (10 min each, Requires advanced sign up) (<i>ANDREA</i>)
	Reflexology (15 min each, Requires advanced sign up) (<i>MEL</i>)
12:30 pm	Lunch
1:30 pm	Free time
	Bio-Matt Relaxation Time (20 min each, Requires advanced sign up)
2:00 pm to 4:30 pm	SOUL VISION EVENT
4:30 pm	Free time
	Bio-Matt Relaxation Time (20 min each, Requires advanced sign up)
6:00 pm	Dinner
7:00 pm	Holy Fire Meditation and TBD Fire pit outside? (weather pending, may do fireplace indoors)
9:30 pm	Free time

SUNDAY OCTOBER 29th

8:00 am	Breakfast
9:00 am	Free time
	Bio-Matt Relaxation Sessions (20 min each, Requires advanced sign up)
	Akashic Records Readings (10 min each, Requires advanced sign up) (<i>KAREN</i>)
	Bio-Matt Energy Sessions (15 min each, Requires advanced sign up) (<i>JILL</i>)
	Reflexology (15 min each, Requires advanced sign up) (<i>MEL</i>)
10:00 am	Must be checked out of rooms by this time **** Luggage can be stored in a side room ****
10:00 am	Soul Vision Group Cleansing, Integrating and Releasing
11:00 am	Free time
	Bio-Matt Relaxation Sessions (20 min each, Requires advanced sign up)
	Timeline Merging (10 min each, Requires advanced sign up) (<i>ANDREA</i>)
	Akashic Records Readings (10 min each, Requires advanced sign up) (<i>KAREN</i>)
	Bio-Matt Energy Sessions (15 min each, Requires advanced sign up) (<i>JILL</i>)
12:00 pm	Learning to do Self Reflexology on Your Hands (<i>MEL</i>)
12:30 pm	Lunch
1:30 pm	Closing Council with Channelled Messages Meditation
3:00 pm	Departure